

BBC YOUTH KOBUDO

PURPLE BELT & BELOW: BO (5' OR 6' WOODEN STAFF) / READING ASSIGNMENT: WAY OF THE WARRIOR KID
PURPLE BLACK BELT & UP: SAI (SHORT METAL TRIDENTS) / READING ASSIGNMENT: WAY OF THE WARRIOR KID

OCTOBER 3RD: HAPPY 15TH ANNIVERSARY, DMA!

WE WOULD LIKE TO TAKE AN OPPORTUNITY TO THANK YOU FOR A GREAT 15 YEARS
AND WE LOOK FORWARD TO WHAT THE FUTURE HAS IN STORE!

OCTOBER STARTS THE NEW SEASON: BLACK BELT GOAL SETTING SEASON!

THIS IS THE PERFECT TIME OF YEAR FOR STUDENTS TO RE-COMMIT TO THEIR TRAINING BY SETTING A FIRM GOAL OF BLACK BELT FOR THEMSELVES, AND THEN **MAKING IT HAPPEN!** SETTING THIS GOAL IS IMPORTANT BECAUSE IT PROVIDES A REASON AND DIRECTION IN YOUR TRAINING - IT ALSO HELPS GIVE YOU ENERGY, MOTIVATION, AND SOMETHING TO LOOK FORWARD TO! WE WILL BE WORKING WITH STUDENTS ON A VARIETY OF FUN ASSIGNMENTS TO HELP SET THE GOAL!

Monday 10/5
- Friday 10/9

It's stripe & belt / sash testing week for all youth & adult karate, tai chi, and adult kobudo classes! Good luck, everyone!

Saturday 10/10
& Sunday 10/11

Martial Arts Seminars with Sensei Brian Ricci!
Join us at Hitz for a great weekend of training with the head of our organization!

Monday 10/12
- Friday 10/16

*It's stripe & belt testing week for all white & yellow belt Lil' Dragons students!
Be ready to show us your best!*

Saturday 10/17

BB Prep Class Schedule:
10:00am - Karate Candidates 11:00am - Kobudo & Tai Chi Candidates

Saturday 10/24

BB Prep Class Schedule:
10:00am - Karate Candidates 11:00am - Kobudo & Tai Chi Candidates

Monday 10/26
- Friday 10/30

It's stripe & belt testing week for all Lil' Dragons students! Prepare for success!

Wednesday 10/28
- Friday 10/30

HALLOWEEN SPIRIT WEEK!
Show your spirit by wearing your halloween costume to class for the day!

Saturday 10/31

BB Prep Class Schedule:
10:00am - Karate Candidates 11:00am - Kobudo & Tai Chi Candidates

OCTOBER BIRTHDAYS

Andrew Shkreli 10/2, Parker Smith 10/2, Rachel Sunde 10/4, Matthew Zieziula 10/4, Nua Paljusaj 10/7,
George Paljusaj 10/7, Olivia Rosbolt 10/9, Alexa Campbell 10/11, Daniel Gibson 10/11, Becca Drzewiecki 10/15,
Suzi Paljusaj 10/15, Mirabelle Greig 10/16, Max Frampton 10/20, Aria Patel 10/22,
Mick Nowicki 10/23, Milo Parker 10/30, Coen Thelen 10/31

*REMEMBER THAT ALL DATES & TIMES ARE TENTATIVE, AND SUBJECT TO CHANGE IF NEEDED!
STAY UP TO DATE BY FOLLOWING US ON FACEBOOK & INSTAGRAM!*