

Dynamic Martial Arts - CLASS SCHEDULE - FALL / WINTER 2023

BASIC Orientation Training Program	CLASS TIMES (Attend 2 classes per week)	
	A Day: Basics / Sparring	B Day: Self-Defense / Kata
Lil' Dragons Karate (White, Yellow White, Yellow Black, Orange White, Orange Black, Red White, Red Black, and Green White Belts)	Monday 4:45- 5:15pm Friday 4:45 - 5:15pm	Tuesday 4:45 - 5:15pm Saturday 9:30 - 10:00am
Youth Basic Karate (White, Yellow, Orange, and Green Belts)	Monday 6:15 - 7:00pm Wednesday 4:45 - 5:30pm (A/B Day)	Thursday 4:45 - 5:30pm
Adult Basic Karate (White, Yellow, Orange, and Green Belts)	Tuesday 7:15 - 8:00pm	Thursday 7:45 - 8:30pm Saturday 10:00 - 10:45am (A/B Day)

BLACK BELT CLUB Training Program	CLASS TIMES (Attend 2 classes per week + BBC Kobudo + BBC Seminars)	
	A Day: Basics / Sparring	B Day: Self-Defense / Kata
Black Belt Club: Youth Basic (White, Yellow, Orange, and Green Belts)	Monday 6:15 - 7:00pm + BBC Kobudo 7:00 - 7:15pm Wednesday 4:45 - 5:30pm (A/B Day) + BBC Kobudo 5:30 - 5:45pm	Thursday 4:45 - 5:30pm + BBC Kobudo 5:30 - 5:45pm
Black Belt Club: Adult Basic (White, Yellow, Orange, and Green Belts)	Tuesday 7:15 - 8:00pm + BBC Kobudo 8:00 - 8:15pm	Thursday 7:45 - 8:30pm + BBC Kobudo 8:30 - 8:45pm Saturday 10:00 - 10:45am (A/B Day) + BBC Kobudo 10:45 - 11:00am
Black Belt Club: Youth Intermediate (Green Black, Blue, Blue Black & Purple Belts)	Monday 5:15 - 6:00pm + BBC Kobudo 6:00 - 6:15pm	Thursday 5:45 - 6:30pm + BBC Kobudo 6:30 - 6:45pm
Black Belt Club: Adult Intermediate (Green Black, Blue, Blue Black & Purple Belts)	Tuesday 7:15 - 8:00pm + BBC Kobudo 8:00 - 8:15pm	Thursday 7:45 - 8:30pm + BBC Kobudo 8:30 - 8:45pm Saturday 10:00 - 10:45am (A/B Day) + BBC Kobudo 10:45 - 11:00am
Black Belt Club: Youth Advanced (Purple Blacks, 3rd Kyu Brown, & 2nd Kyu Brown)	Tuesday 5:15 - 6:00pm + BBC Kobudo 6:00 - 6:15pm	Thursday 6:45 - 7:30pm + BBC Kobudo 7:30 - 7:45pm
Black Belt Club: Adult Advanced (Purple Blacks, 3rd Kyu Brown, & 2nd Kyu Brown)	Tuesday 7:15 - 8:00pm + BBC Kobudo 8:00 - 8:15pm	Thursday 7:45 - 8:30pm + BBC Kobudo 8:30 - 8:45pm Saturday 10:00 - 10:45am (A/B Day) + BBC Kobudo 10:45 - 11:00am
Black Belt Club: Youth Black Belt (1st Kyu Brown, Jr. Black Belt - All Levels - Ages 13 & Under)	Tuesday 6:15 - 7:00pm + BBC Kobudo 7:00 - 7:15pm	Friday 5:15 - 6:00pm + BBC Kobudo 6:00 - 6:15pm
Black Belt Club: Teen Black Belt (1st Kyu Brown, Jr. Black Belt - All Levels - Ages 14 & Up)	Monday 7:15 - 8:00pm + BBC Kobudo 8:00 - 8:15pm	Wednesday 5:45 - 6:30pm + BBC Kobudo 6:30 - 6:45pm
Black Belt Club: Adult Black Belt (Shodan, Nidan, Sandan & Up)	Monday 8:15 - 9:00pm + BBC Kobudo 9:00 - 9:15pm	Wednesday 8:15 - 9:00pm + BBC Kobudo 9:00 - 9:15pm

BLACK BELT EXCELLENCE IN LEADERSHIP Training Program

Attend 3 classes per week + All BBC training
+ Leadership (Friday 6:15 - 7:15pm) + Aux. Arts (14 & up)

Auxillary Arts	CLASS TIMES (Attend 2 classes per week)	
Tai Chi Chuan (All Sash Levels - Ages 14 & Up)	Wednesday 6:45 - 7:30pm	Friday 5:15 - 6:00pm
Iaido (All Levels - Ages 14 & Up - Min. 3rd Kyu in Kobudo)	Wednesday 7:00 - 8:00pm	Saturday 11:15am - 12:15pm