

Dynamic Martial Arts - CLASS SCHEDULE - FALL 2026

BASIC Training Program	CLASS TIMES (Attend 2 classes per week)		
	A Day: Basics / Sparring	B Day: Self-Defense / Kata	A/B Make-Up Class Option
Lil' Dragons Karate (all belt levels)	Monday 4:45- 5:15pm	Friday 4:45 - 5:15pm	Tuesday 4:45 - 5:15pm
Youth Basic Karate (White, Yellow, Orange, and Green Belts)	Monday 6:15 - 7:00pm	Thursday 4:45 - 5:30pm	Wednesday 4:45 - 5:30pm
Adult Basic Karate (White, Yellow, Orange, and Green Belts)	Tuesday 7:15 - 8:00pm	Thursday 7:45 - 8:30pm	Wednesday 4:45 - 5:30pm

BLACK BELT CLUB Training Program	CLASS TIMES (Attend 2 classes per week + BBC + BBC Specials)		
	A Day: Basics / Sparring	B Day: Self-Defense / Kata	A/B Make-Up Class Option
Black Belt Club: Youth Basic (White, Yellow, Orange, and Green Belts)	Monday 6:15 - 7:00pm + BBC 7:00 - 7:15pm	Thursday 4:45 - 5:30pm + BBC 5:30 - 5:45pm	Wednesday 4:45 - 5:30pm + BBC 5:30 - 5:45pm
Black Belt Club: Adult Basic (White, Yellow, Orange, and Green Belts)	Tuesday 7:15 - 8:00pm + BBC 8:00 - 8:15pm	Thursday 7:45 - 8:30pm + BBC 8:30 - 8:45pm	Wednesday 4:45 - 5:30pm + BBC 5:30 - 5:45pm
Black Belt Club: Youth Intermediate (Green Black, Blue, Blue Black & Purple Belts)	Monday 5:15 - 6:00pm + BBC 6:00 - 6:15pm	Thursday 5:45 - 6:30pm + BBC 6:30 - 6:45pm	Wednesday 4:45 - 5:30pm + BBC 5:30 - 5:45pm
Black Belt Club: Adult Intermediate (Green Black, Blue, Blue Black & Purple Belts)	Tuesday 7:15 - 8:00pm + BBC 8:00 - 8:15pm	Thursday 7:45 - 8:30pm + BBC 8:30 - 8:45pm	Wednesday 4:45 - 5:30pm + BBC 5:30 - 5:45pm
Black Belt Club: Youth Advanced (Purple Blacks, 3rd Kyu Brown, & 2nd Kyu Brown)	Tuesday 6:15 - 7:00pm + BBC 7:00 - 7:15pm	Thursday 6:45 - 7:30pm + BBC 7:30 - 7:45pm	Wednesday 5:45 - 6:30pm + BBC 6:30 - 6:45pm
Black Belt Club: Adult Advanced (Purple Blacks, 3rd Kyu Brown, & 2nd Kyu Brown)	Tuesday 7:15 - 8:00pm + BBC 8:00 - 8:15pm	Thursday 7:45 - 8:30pm + BBC 8:30 - 8:45pm	Wednesday 5:45 - 6:30pm + BBC 6:30 - 6:45pm
Black Belt Club: Youth Black Belt (1st Kyu Brown, Jr. Black Belt - All Levels - Ages 13 & Under)	Tuesday 5:15 - 6:00pm + BBC 6:00 - 6:15pm	Friday 5:15 - 6:00pm + BBC 6:00 - 6:15pm	Wednesday 5:45 - 6:30pm + BBC 6:30 - 6:45pm
Black Belt Club: Teen Black Belt (1st Kyu Brown, Jr. Black Belt - All Levels - Ages 14 & Up)	Monday 7:15 - 8:00pm + BBC 8:00 - 8:15pm	Wednesday 8:00 - 8:45pm + BBC 8:45 - 9:00pm	Wednesday 5:45 - 6:30pm + BBC 6:30 - 6:45pm
Black Belt Club: Adult Black Belt (Shodan, Nidan, Sandan & Up)	Monday 8:15 - 9:00pm + BBC 9:00 - 9:15pm	Wednesday 8:00 - 8:45pm + BBC 8:45 - 9:00pm	Wednesday 5:45 - 6:30pm + BBC 6:30 - 6:45pm

BLACK BELT EXCELLENCE IN LEADERSHIP Training Program

Attend 3 classes per week + All BBC training
+ Leadership (Friday 6:30 - 7:15pm) + Aux. Arts (14 & up)

Auxillary Arts	CLASS TIMES (Attend 2 classes per week)		
Tai Chi Chuan (Ages 14 & Up)	MON 7:15-8:00pm (Purple & up)	TUE 6:15-7:00pm (Blue & under)	THURS 6:45-7:30pm (all level)
Iaido (All Levels - Ages 14 & Up)	MON 6:00-7:00pm	WED 6:45-7:45pm	FRI 5:15-6:15pm